



CONTACT CAPE-ATLANTIC

WE LOVE OUR VOLUNTEERS AND CLIENTS

GREETINGS FROM CONTACT'S NEW EXECUTIVE DIRECTOR

Hello everyone, I am delighted to be joining all of the volunteers, donors and clients of CONTACT Cape-Atlantic. Thank you for your welcoming support and thank you very much for continuing to give service during these challenging times. While I am excited about serving as your new director, I acknowledge the fears we may be facing, our individual losses and of course the shared hope that we can soon return to ordinary life.

During this COVID-19 crisis, CONTACT Cape-Atlantic volunteers started making reassurance calls from their homes and began screening for signs and symptoms of respiratory illness to include shortness of breath, cough, fever, and chest pains/pressure and recommending clients contact their primary care physician if they are symptomatic. Shayna Patel, our reassurance and marketing coordinator has added considerable value by providing follow up calls to almost everyone.

We have seen an increase in the number of clients requesting services and are actively responding to family members of people in nursing homes who are feeling isolated because their families are not permitted to visit. Thank you to the volunteers for stepping up and going the extra mile to ensure the clients are all safe and well stocked with supplies and that their needs are met. You are taking extra shifts when needed and we have also been fortunate to welcome new volunteers! I hope your work has also enriched your lives and your personal feeling of wellbeing is elevated because you are providing such a meaningful service. I completed training and made calls in my first week of work which truly gave me a full understanding of the value of our mission.

Please spread the word and offer free telephone reassurance calls to others, especially at this time. Please reach out to me if you would like. You can reach me at contact-c-a@comcast.net

Be well,
Mary Jo Bernardo



**CONTACT
WELCOMES
NEWEST BOARD
MEMBER
CHRIS BRATTON, ESQ.**

Charles C. Bratton, II is a founding member of Bratton Law, LLC and chair of the firm's trusts, estates, elder law, and life care planning division. Mr. Bratton counsels clients with regard to estate planning and administration, elder law, life care planning, asset protection, veterans' benefits and disability planning. Mr. Bratton is a member of the National Academy of Elder Law Attorneys and Life Care Planning Law Firms Association, is an accredited attorney with the Department of Veterans Affairs and is past Trustee and Chair of the Young Lawyers Committee of the Camden County Bar Association. He currently serves on the membership retention committee for the Life Care Planning Law Firms Association. Mr. Bratton earned his B.S. degree, cum laude, from Southeastern Louisiana University, his J.D. degree from Rutgers University, and his LL.M degree from Western New England School of Law. Most recently, Mr. Bratton was named by Awesome Attorney 2019 by South Jersey Magazine.

Mr. Bratton is frequent speaker and educator and is actively involved with the Alzheimer's Association Delaware Valley Chapter. He is committed to serving the senior population and advocating for them during their journey through the elder care continuum.

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\$1,000 Gold Members receive 6 tickets to our signature Spring Sensation event and are invited to an all-new, exclusive pre-event networking opportunity, as well as recognition in the event program book; a choice of either one feature article in the CONTACT Cape-Atlantic Newslane newsletter and business card sized ad in the newsletter for one year or placement on our website and social media pages, which have thousands of views per year across four pages.

\$500 Silver Members will be invited to an all-new, exclusive pre-event networking opportunity, as well as recognition in the event program book; a choice of either one feature article in the popular CONTACT Cape-Atlantic Newslane newsletter and business card sized ad in the newsletter for one year or placement on our website and social media pages, which have thousands of views per year across four pages.

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**REASSURANCE COORDINATOR
SHAYNA PATEL**

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CAN HELP
DURING TIMES
OF CRISIS**



It's easy to be lost in fear when disaster strikes. The most important thing that we can do is stay calm and focused. It is indeed a very tough time for the entire world, but together we can all overcome the challenges that are ahead of us. One of the kindest things we can do is to say "thank you" to those who are doing what they can to fight the outbreak. In the midst of our panic around COVID-19, we must look to each other to help us get through it. I would like to extend a very big THANK YOU to our wonderful volunteers for checking in on our clients every day and to all front-line workers. Social isolation has been one of the hardest things, and it is very important that we take care of our mental health during this time. It's normal to feel stress when faced with staying indoors and interacting less with people, especially when that is added to the underlying stress of worrying whether you will catch the virus. Staying social in non-traditional ways can help you to feel less isolated and combat loneliness. If you would like to be a reassurance volunteer or would like to sign up for reassurance calls please feel free to reach out, you may call my office directly at 609-823-0762, I would be more than happy to speak with you about our wonderful program. Stay safe and most importantly stay well.

**Marie Soreth and Selma Ramundo
are proud to support CONTACT
Cape-Atlantic**

MARY JO BERNARDO



**CONTACT
Cape-Atlantic's
New
Executive
Director**



CONTACT is holding a raffle for a Louis Vuitton Bag! Don't miss a chance to win this beautiful bag, named Graceful PM. Tickets are \$10 each and we still have some available call 609-823-1850 or contact-c-a@comcast.net for tickets. Drawing is Aug. 20th.

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The CARES Act lifts the limitations on charitable contributions by individuals who itemize, from 60% to 100% and for corporations by increasing the limitation from 10% to 25% of taxable income. That means now is a good time to give.


Like to Read Online? You can read our newsletter on our website:

www.contactcapeatlantic.org

It is located under the Special Events tab. You can also check out all of our upcoming events. It is also posted on our Facebook page



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One month sponsor: \$30

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GATEKEEPER PROGRAM

We continue to help older adults to remain living safely at home. Our Gatekeeper program provides information, brochures and business cards to those who are out in neighborhoods so that they can reach out to CONTACT Cape-Atlantic when they come across individuals who can use some help. A confidential call to our office can be the start of helping someone. Many different people can be gatekeepers. We have trained UPS drivers, Comcast employees, New Jersey American Water employees, meter readers, bank tellers, etc. to help reach out to people they encounter on a day to day basis. When we receive a call from the gatekeeper, we then reach out to the older adult and share information on the resources that are available to help them continue to live independently. These resources may include: a home health aide, visiting physician, mobile meal, transportation, or a personal alert button. We also offer the availability of our Reassurance calls. It's as simple as a call to CONTACT.

OceanFirst Foundation is a major sponsor of the Gatekeeper Program



A MESSAGE FROM OUR PRESIDENT PATTI SMITH

I am so proud to be President of CONTACT Cape-Atlantic at this moment. It is now, more than ever, that we really see the true importance of what we do every day with our reassurance calls to those who are home alone. Our wonderful volunteers are there to reassure our clients that we are here to support each other and to see if there needs are met each day.

Our volunteers are asking our clients about symptoms of COVID-19 as well as reassuring them that we will get through this difficult time. This is a scary time for all of us. Personally, I am very lucky. I have great family support and my husband, Len, next to me, to get through each day. Emotionally, with all of the support, it is still tough to stay positive and move forward. CONTACT helps me stay focused and take each day, one at a time.

I am also very worried about our financial stability. We have cancelled and postponed our fundraising events for this spring, which is what supports CONTACT through the year. Our postponed dates are still waiting for government ok's to move forward but you have my guarantee that our services will continue. We need all of your support now to make sure we can continue to meet our mission goals and continue to make our daily calls.

Please think of CONTACT today and support us through your donations. Len and I will be donating \$1000 to start this appeal and show our commitment to CONTACT Cape-Atlantic. Our new Executive Director, Mary Jo Bernardo, is an experienced and strong leader to navigate our way through the next few months and possibly the next few years of social distancing. Shayna Patel, our Reassurance Coordinator, is talking to our volunteers and clients each day to make sure everyone's needs are met. We will all get through this, together, one call at a time. Lastly, I send a big thank you to all of our volunteers, for all you do each day. You are all wonderful and are so appreciated!!

Patti Smith

OUR MISSION:

CONTACT Cape-Atlantic provides telephone reassurance and community support for older adults, people with disabilities, and those who are lonely, living alone or feeling isolated from their community.

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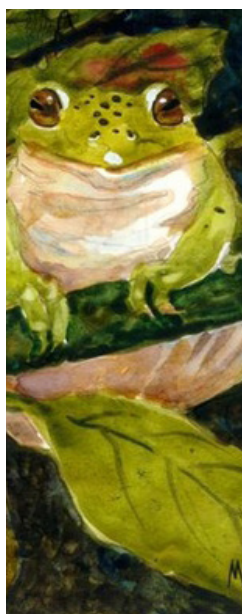
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CONTACT Cape-Atlantic's Telephone Reassurance Program is partially funded through a grant provided by the Atlantic County Area Agency on Aging, under the Older Americans Act of 1965, amended.

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10 Warning Signs of Alzheimer's: May 13 at 6:00pm

Understanding and Responding to Dementia Related
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Effective Communication Strategies
May 27 at 11:00am

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As the current health crisis has shown us, it is critical to stay in touch. Through our partners at Atlantic County Government and CONTACT Cape-Atlantic, we are able to keep in touch with our PERS clients. Stay Safe!

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