



CONTACT Cape-Atlantic

Newsline



Ever grateful for our donors, sponsors, volunteers and clients

August 2020

Regina Williams Fields ~ Volunteer of the Month

Regina Williams Fields knows it is better to both give AND receive. CONTACT's newest Volunteer of the Month plays a unique dual role in the organization. After joining us about six years ago, Regina experiences both realms simultaneously.

She gets and gives calls and shared the perspective of each.

"It is refreshing to get a call from someone who is not a bill collector, someone who is not selling you anything and someone who just wants to say 'Good Morning, how are you doing?'" she says. "It drives me crazy that some people call others and they can't be nice to them."

Regina transfers that belief to the people she then calls.

"You build a relationship with people you reach out to," she indicates. "They become familiar with you and you get to know them too. What's great for them, I believe, is that this gives them something to look forward to. They know someone is going to call who cares about them. That's very important.

"I remember one time standing in line at a grocery store and realizing that I forgot to call someone," she adds. "I immediately reached out. Even though we didn't have a lot of time to talk, the person said 'Thank You for thinking of me.' That made me feel good because for some people, this call makes their day."

Regina loves the elderly community, because they dispense knowledge of life experience. Some of the clients, she said, are comical.

Regina moved here from Dayton, Oh and worked in several industries, including the casino world, before retiring and later being recruited by CONTACT.

The organization congratulates and appreciates her for the dual perspective of understanding CONTACT's role in the community.

By Dave Bontempo

CONTACT Cape-Atlantic provides "free" telephone reassurance and community support for older adults, people with disabilities and those who are lonely, living alone, or feeling isolated from their community.

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Spring Sensation— There's no place like home.... August 20th

Stay comfy at home for the 28th Annual "Virtual" Spring Sensation!



- Silent Auction - Opens August 6 and closes on 8/20 at 8 pm
- Louis Vuitton Raffle - winner chosen 7 pm August 20th (tickets are sold out)

~Thank you Spring Sensation Sponsors~ Bratton Law Group, Glenn Insurance, Inc., GMS Law, Mark Arbeit and Co., Republic Bank, Right at Home and Univest Bank and Trust Co.

Be sure to visit www.biddingowl.com/ContactCapeAtlantic starting August 6th to win prizes!

- A week long getaway on the Penthouse floor at the Carousel Resort Hotel & Condominiums in OC, MD from 9/12 to 9/19.
- 2 Days of golf for four plus an overnight stay at one of the most exclusive destination golf clubs; Dorrie Club in Pinehurst, North Carolina, Ballyhack Golf Club in Roanoke, Virginia, Victoria National, Newburgh, Indiana, Arbor Links Golf Club in Nebraska City, Nebraska or Briggs Ranch Golf Club, San Antonio, Texas.
- Casino overnights
- Golf, golf, golf
- Swarovski bracelets and other jewelry
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- Plus much, much more!!!!



For the most up to date news and information, please like and follow CONTACT Cape-Atlantic on Facebook

<https://www.facebook.com/contactcapeatlantic/>

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Health & Wellness Symposium

POSTPONED to Spring 2021

Avalon Community Center, Avalon NJ

Free to the Public; Exhibitor Tables \$200

Vendor/Sponsorship Opportunities available!

**Welcome to our new volunteer: Mathew Scheinert
and THANK YOU to our amazing active volunteer team!**



Carl & Joanne Petzold, , Sharon & Charlie O'Neill, Debbie Clark, Linda & Rob Klersey, Peggy Adgie, Deborah Amdeick, Megha Andrews, Mary Lou Antinozzi, Bill Barnes, Julie Baumgardner, Ruth Berdinis, Dave Bontempo, Carol Bruce, Minnie Callendar, Jeannette Capinas, Rene Capua, Myra Cohen, Aar-

yan Deshpande, Faten, Nick and Joe Dib; Mary Duncan; Kathy Engle; Detta Fagnano; Sharon Fish, Carla Furr, Victoria Gaskill, Pat Gerew, Gerry Giangioffe, Max Grieco, Judith Hall, Sandra Hamer Jensen, David Hammonds, Agnes Horenkohl, Kathy Johnson, Elizabeth Katz, Mary Anne Kelly, Norma Kilgour, Kym Lagattuta, Mary Laielli, Jean Lawless, Kim Leung, Sandra Long, Kim Malinski-Rifkin, Carol & Harry Marder, Louisa Mazetis, Sheila McLaughlin, Janet Melven, Richard Middlesworth, Marilyn Miller, Kathy Morrin, Marc and Sue Murphy, Anne O'Donald, Mary Quarterolo, Gina Rendon-Perez, Dot Rogers, Arlene Rosenfeld, Eleanor Rust, Geri Sampson, Deb Sattler, Karen Saunders, Ted Scheick, Cecilia Sharif, Tina Smith, Derek Solomon, Joan Sorenson, Tim Stafford, Kamini Surti, Amie Sykes, Emmy Todd, Bhavana Tretina, Ellen Van Winkle, Jane Vitullo, Regina Williams Fields, Beverly Wilson-Oliver, Rachel Winkworth, and Barbara Youtie.

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**Congratulations and
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**Thank you Major Donors
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Happy August Birthdays

8/1 Hugh B.
Louis S.
Cindy K.
8/2 Patricia A.
8/5 Carla C.
Magnolia L.
8/6 Leonard W.
8/7 Mary L.
Elizabeth C.
8/9 Howard A.
8/12 Elizabeth S.
8/13 Marian R.
Helen C.
Pat D.
8/14 Patti S.
8/16 Marilyn M.
8/19 Kathryn R.
Mike W.
Scott B.
Cathy C.
8/21 Katherine P.
8/24 Margaret C.
8/25 Shirley B.
8/26 Jennifer G.
8/29 Steven G.
8/30 Barbara A.



This August , Won't you join Anthony and Mary Lai-elli, Patricia and Peter Gerew, Earnest and Marilyn Curley, Mary O'Connor, Dorothy Turner and George and Margaret Chapman, and please participate in the **CONTACT Summer Lifeline tradition**. THANK YOU DONORS!



If every reader contributed \$10 (*mail it in, drop it off or go to our donate on line at www.contactcapeatlantic.org*), we could make a life saving impact! Donors will be listed in the next newsletter!

40th Annual Avalon 5-Miler a Success

The CONTACT community was out and about on Saturday July 18.

Over 30 runners and walkers walked 5 and 2 miles respectively on behalf of CONTACT.

T-shirt pick up is available at the CONTACT Cape-Atlantic office located at 25 Dolphin Avenue, Building D., Northfield, Please arrange in advance by contacting contact-c-a@comcast.net.

Thank you Avalon 5-Miler Sponsors!!!!



SERENITY
Hospice Care



AtlantiCare LIFE Connection is a Medicare/Medicaid Program of All-Inclusive Care for the Elderly (PACE), a nationally known model of care for seniors. This coordinated, comprehensive program provides seniors in the community with services tailored to their unique needs.

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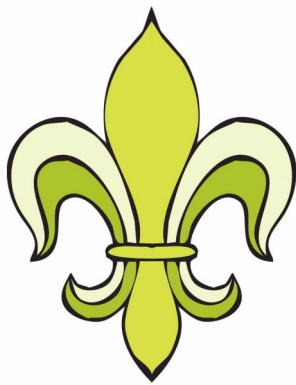


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Director's Digest



CONTACT Cape-Atlantic welcomes new and returning volunteers at any time!

Become a volunteer and join the CONTACT team! The work CONTACT Cape-Atlantic accomplishes would not be possible without the generous help of its dedicated volunteers. The gift of your time provides the support necessary to accomplish our mission.

The volunteer opportunities at CONTACT Cape-Atlantic are very flexible and can usually fit into everyone's schedule. You can help with our calls one shift a month, or as often as your schedule permits. Hopefully you will consider becoming or returning to serving as a Reassurance volunteer.

At CONTACT there are many opportunities to volunteer

- Making calls to clients
- Office and clerical work (usually Monday to Friday from 8-4)
- Events, planning and day-of support
- Preparing newsletters for mailing
- Distributing CONTACT materials in the community

Wondering if volunteering for CONTACT is a fit for you?

- Do you have time to make phone calls from your home or our office?
- Do you care about people?
- Like to chat on the phone?
- Sign up by calling us at (609) 823-1850.

Training will be provided on a one-on-one basis.

Calls can be made from our phone center in Northfield, NJ. As this is a service that is provided 365 days a year, there are many opportunities to help.

Mary Jo

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GATEKEEPERS

The Gatekeeper Program trains community members to recognize the signs that a neighbor who lives alone could use some help. Training is available for public service companies such as cable and utilities, employees of local business such as banks, delivery companies, and others who have daily contact with local residents. Anyone can be a gatekeeper. Just let us know of the person in need. We are also able to connect clients with needed in-home services/referrals to help them continue living safely at home. The Gatekeeper Program helps individuals in the community learn to listen, observe and care for those adults living alone that may need help.

Sponsor A Client

Please make a difference! One dollar a day helps fund a daily Telephone Reassurance call to one of our clients.

- One month sponsor: \$30; One year sponsor: \$365

please mail your donation with the last page)

Thank you to the August 2020 sponsor a client donors:

Wendy Moyle, Diana Booth, Dasie Simpson, Sharon Fish and to the annual client sponsors: William and Alice Crockford (June 2020), Anna Marie Donley, Barbara Youtie, Maggie Rohe-Miller, Carol Nania, Beverly Jernee, Murray Brevity.

We Thank Our Donors ~ We appreciate the generous support of Robert and Carla Callaway, Paula and Michael Hagelgans, Toni Olson-Coe, and The Older Americans Act via a grant from Atlantic County Division of Intergenerational Services.

Clients, going to be away?

Please inform us if you won't be home for your scheduled reassurance call. Call Shayna at 609-823-2109.

You are more like a family to me.

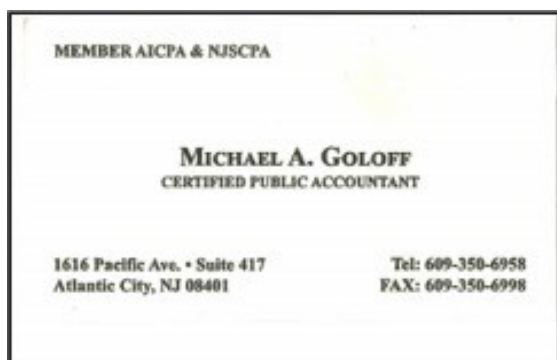
- Mary B.

Volunteers, can't make your calls?

Let us know as soon as you can please. Call Shayna at 609-823-2109.

Know someone who needs a call?

Ask them to call us to make arrangements or call on their behalf!

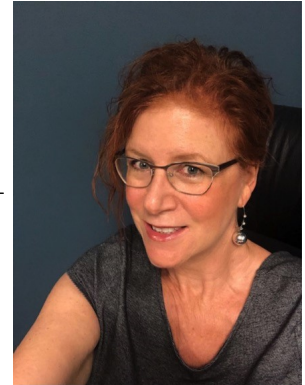


CONTACT WELCOMES TWO NEW BOARD MEMBERS

Welcome and thank you for your commitment to service with CONTACT Cape-Atlantic.

Lisa Price

Lisa Price is the Director of Outreach and Special Needs Ministries a Fresh Start Church in Egg Harbor Township, New Jersey where she has been employed for over 10 years. Lisa is a graduate of Rutgers University with her BA of Psychology as well as a Graduate of Central Michigan University with her Masters of Science in Administrations. One thing that Lisa is passionate about is volunteering. At Fresh Start Church she formerly directed the Volunteer Department where their teams have 350 volunteers serving faithfully each weekend. Throughout her career she has had leadership roles in many volunteer agencies and two of the highlights were Chairperson of the Board of the Retired Senior Volunteer Program of Cape May County and Volunteer Departmental Supervision of the Foster Grandparent program at the Woodbine Developmental Center many years ago. Prior to being at Fresh Start Lisa was the Chief Operating Officer for the International Branding Firm Abiah. Abiah was an industry leaders in managing brands for Christian and value-based organizations. She also was a public servant with the Division of Developmental Disabilities for nearly 20 years where her number one desire was to strive to help improve the quality of life for those who were affected by her leadership.



Aaryan Deshpande

Currently a rising junior at Mainland Regional High school, Aaryan is a hardworking and studious 4.0 student. He is involved in many activities in and out of school. He is an active member of the school's Model United Nations club, in addition to being the Vice President of the school's Ping Pong Club. Furthermore, he has been playing varsity level tennis all throughout his high school career. Outside of school, he is an active volunteer at CONTACT Cape-Atlantic, and Shore Medical Center. This summer, he's planning on taking it easy and working at the Linwood Country Club.





A Little of Your Time Can Mean So Much

Some may say that there is an art to volunteering. Selflessly giving of your time and energy to better the lives of others is an effort that should not be taken for granted. Journey Hospice knows the magnitude that the kindness of volunteers has on its patients.

Prior to the coronavirus pandemic, Journey Hospice volunteers would visit with patients, talk or read to them, go for walks with them, and provide assistance to their caregivers by giving them a chance to step away from their loved one's side. During this time of social distancing, volunteers are still important to Journey Hospice families and make friendly phone calls to say 'hello' and check on how individuals are feeling.

Some volunteers also sew memory bears for families or provide office support to the staff at the Journey Hospice office in Egg Harbor Township.

Being a hospice volunteer can be the most rewarding experience of your life and give you a deeper sense of community. There are so many ways to help and it takes so little time. If any CONTACT Cape-Atlantic volunteers or readers are interested in volunteering with Journey Hospice please visit www.journeyhospicenj.org to download and complete the *Volunteer Application*. For questions, contact Beth Gebhart at (609) 760-6073 or email journeyinfo@lsmnj.org.



My Contact Donation

Since 1973, CONTACT Cape-Atlantic has been providing a lifeline for countless individuals. Please make a gift now to help CONTACT continue to provide telephone reassurance and supportive services.

Please make your check payable to:

CONTACT Cape-Atlantic
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Or donate on line at www.contactcapeatlantic.org

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